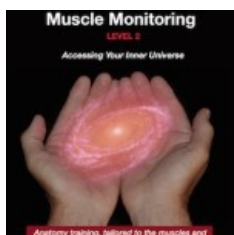


## Canadian Kinesiology Bookstore catalog

This catalog was generated on January 24, 2017

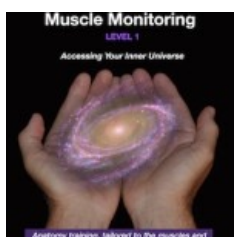
### Webb DVDs



#### All 4 DVDs

Buy all four Webb DVDs for \$140

**\$140.00**



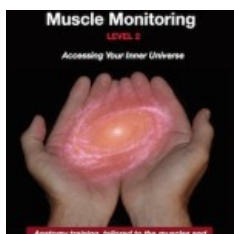
#### Anatomy of Kinesiology Muscle Monitoring Level 1

by Greg Webb RMT. Anatomy training tailored to the muscles and methods used in Energy based Kinesiology.

1st of 4 DVDs. Teaches how to locate, monitor, and get the best possible information from the 14 primary muscles associated with 14 acupuncture meridians. Described in common language and anatomical terminology, beginning students and advanced practitioners will increase understanding and skill.

Features a second section helping you with the feel of receiving and applying proper muscle testing pressure and stabilization and recognizing jammed (over-facilitated muscles). Also describes how to apply corrective reflexes, best practices for working near 'personal' regions. Approximately 90 minutes.

**\$39.95**



#### Anatomy of Kinesiology Muscle Monitoring Level 2

by Greg Webb RMT. 2nd of 4 DVDs. Teaches monitoring positions for 14 new muscles affecting neck, shoulder tension, hip and knee issues. A special section shows how to correct imbalances by working with spindle cell and golgi tendon proprioceptors, as well as recognizing jammed (over-facilitated) muscles. Like the first DVD, common language and anatomical terminology will suit both beginning students and advanced practitioners. Approximately 64 minutes.

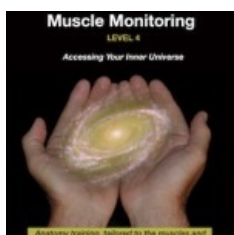
**\$39.95**



#### Anatomy of Kinesiology Muscle Monitoring Level 3

by Greg Webb RMT. 3rd of 4 DVDs. Teaches monitoring positions for 16 more muscles that help correct tension in the neck, shoulders, lower back and hips, as well as muscles that add stability and strength to knees and ankles. Learn how to assess all the 42 TFH muscles quickly and effectively as well as 18 new additional muscle tests for furthering your expertise. Approximately 50 minutes.

**\$39.95**



#### Anatomy of Kinesiology Muscle Monitoring Level 4

by Greg Webb RMT. 4th of the DVD series. Focus is on pulling it all together while increasing your clinic skills. There is great value in evaluating all the 42+ muscles. Doing so sets the stage for significant change on many levels. Level 4 is designed to help you learn how to do this quickly and effectively. Learn advanced testing positions to your existing skills. Additional special tests for neck conditions, groin issues, as well as hamstrings, quadriceps, knee, calf and shoulder/neck issues.

5 Element Reactives. This protocol finally takes the guess work out of the Reactive Muscle identification and correction. Following the step-by-step approach simplifies this powerful correction for trauma and chronic imbalances. Approximately 80 minutes.

**\$39.95**