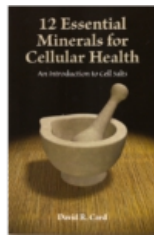


Canadian Kinesiology Bookstore catalog

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Various Other Books



12 Essential Minerals for Cellular Health: An Introduction To Cell Salts

By David Card

A short, simple and readily-accessible summary of the internal and external therapeutic uses of the 12 essential tissue salts, A succinct guide which also includes first aid uses of these inexpensive and easily accessible remedies Mr. Card's new book explains cell salts in a comprehensive fashion, yet simply, and in modern language; gives clear instruction in how to use cell salts, and supplies extensive lists of various disease- or imbalance-conditions that can be helped by cell salt supplementation. A section on the external uses of cell salts, and facial signs of cell salt imbalances, is also included. The book is clearly indexed for ease of usage.

\$12.00 Cdn

\$12.00



A Revolutionary Way of Thinking

by Charles Krebs Ph.D

A Revolutionary Way of Thinking is a fascinating account of how Charles Krebs' near fatal accident led to the development of a very successful Kinesiology based approach to reintegrating brain function. This book is a well grounded publication covering in detail the history and development of Kinesiology as well as the most updated neuroanatomy and physiology as it relates to brain function that is so relevant to the Kinesiology field.

\$45.00

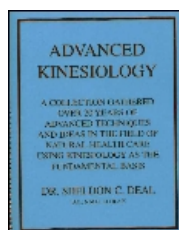


Acupuncture Points and Meridians

Sydney College Press An excellent reference on the location of acupoints of the regular and the extra meridians.

\$45.00 Cdn Retail

\$45.00

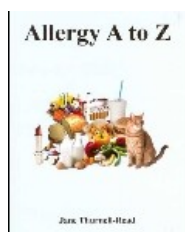


Advanced Kinesiology

by Sheldon Deal, DC A compilation of 20 years experience by one of kinesiology's pioneers. Includes numerous tests and corrections that are beyond what is taught in the average kinesiology class!

\$120.00 Cdn. Retail

\$120.00



Allergies A-Z

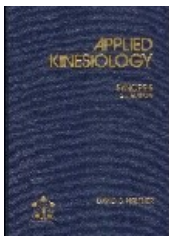
by Jane Thurnell-Reed Extensive lists of possible allergens and their sources or uses in industry and foods. Includes a section on symptoms and signs of allergies, and interesting discussion on allergies.

\$28.00 Cdn

\$28.00

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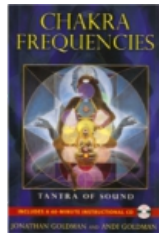


Applied Kinesiology

Synopsis by David S. Walther D.C. □ Contains the material from the now out-of-print 'AK Volume 1' plus copious amounts of updated and new material. Chapter Titles include: Eight General Examination and Treatment Procedures; Spinal Column; Nutrition; Neurologic Disorganization; Meridian Therapy; Muscles: testing and function; Stomatognathic System; Orthopaedic Conditions; Mental & Emotional Conditions; Systemic □ Conditions.

\$120.00 Cdn. Retail

\$120.00



Chakra Frequencies

By David Card

A short, simple and readily-accessible summary of the internal and external therapeutic uses of the 12 essential tissue salts, A succinct guide which also includes first aid uses of these inexpensive and easily accessible remedies Mr. Card's new book explains cell salts in a comprehensive fashion, yet simply, and in modern language; gives clear instruction in how to use cell salts, and supplies extensive lists of various disease- or imbalance-conditions that can be helped by cell salt supplementation. A section on the external uses of cell salts, and facial signs of cell salt imbalances, is also included. The book is clearly indexed for ease of usage.

\$12.00 Cdn

\$28.00

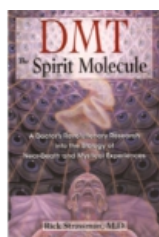


Conference Journal 2015 - Canada/IKC/EKF

Conference Journal 2015 - Canada/IKC/EKF

49 speakers share theory and research on subjects relating to this conference's theme: Confluence... the joining and mingling of all the kinesiologies. Such an amazing collection of papers. Start or add to your conference journal collection with this gem.

Price: \$45 Cdn.



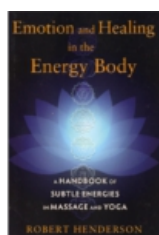
DMT The Spirit Molecule

By Rick Strassman, MD

This book contains information about experiments conducted with DMT which has connected this naturally occurring chemical with the Pineal Gland which is currently being researched in the alternative health field for it's tremendous potential in healing and wellness.

\$21.00 Cdn

\$21.00



Emotion and Healing in the Energy Body

By Robert Henderson

A comprehensive guide to emotional blockages in the energy body and their physical manifestations

Explains how to interpret and work with energies released in massage and during yoga practice Detailing how these energies are drawn in by the chakras and distributed throughout the body by the meridians, the author explains how suffering acute emotional trauma or long-term stress causes negative energies to accumulate in the energy body much like fat deposits. Our physical body reacts to these energy blockages, leading to physical conditions such as closed hips, tight hamstrings, digestive distress, chronic pain, and persistent tension in areas like the shoulders. The author explores more than 30 specific physical ailments, providing the energetic origins of each condition, the exact location of the corresponding energy blockage, and which meridians,

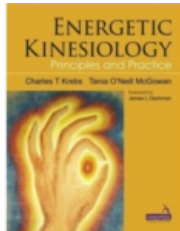
Canadian Kinesiology Bookstore catalog

This catalog was generated on January 31, 2017

chakras, and points are affected. He covers sexual energy in depth, explaining how to handle repressed energy as it is released during yoga or massage.

\$25.00 Cdn

\$25.00



Energetic Kinesiology Principles and Practice

Energy Kinesiology is an emerging field gaining more and more scientific support and recognition. This fully referenced and illustrated textbook describes the field and explains the techniques upon which it is built. It covers the underlying principles, the methods and scientific support for the efficacy of Energetic Kinesiology. It also offers a unique history of Energetic Kinesiology based on the first-hand experience of Charles Krebs who knew most of the originators of Energetic Kinesiology techniques personally. It is a unique source of a vast array of information, research and clinical knowledge in a format that is extremely practical to clinicians and students. There is no other publication available that explains this modality better, nor that shares as much information on core kinesiology tools and techniques. It also provides guidance on client assessments, gathering more information from the energetic body, and when and how to apply core corrective techniques. You will be pleased with your investment in buying and taking the time to read this textbook and applying this knowledge to your clinical practice.

\$70.00



Energy Mismatch

Jane Thurnell Read A popular workshop turned into an easy to follow manual. Highly interesting for exploring allergies, sensitivities of all kinds.

\$22.00 Cdn. Retail

\$22.00



Eye Power

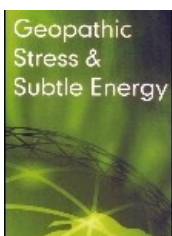
by Barry Auchettl

PDF booklet.

Power your Eyes, Empower your Vision. A 10 minute-a-day guide to enhance your eyes in 10 days. This booklet is not just about doing eye exercises. There are important questions to consider, daily activities including setting goals, affirmations, and some familiar specialized kinesiology exercises also. Suggestions for useful nutrition/supplementation is included.

\$10.00

\$10.00



Geopathic Stress & Subtle Energy

By Jane Thurnell-Read This book looks at the theories about the causes of geopathic stress (electromagnetic, paranormal, and subtle energy) and the different types of geopathic stress. It explains how GS can be detected, the various types of remedial action that can be taken, and how individuals can protect themselves.

\$23.00

\$23.00



Kinergetics Formats and Dictionary

by Philip Rafferty

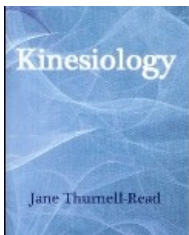
The Kinergetics emotions chart on the back is highly valuable, and the dictionary provides meaning and synonyms for each of the 420 emotions organized in coloured rows and columns. The manual includes formats extremely useful for deeply accessing each physiological system of the body, including reproduction, immune, lymphatics, endocrines, digestion, skin, blood pressure and way, way more than you can probably imagine.

45.00 Cdn. Retail

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\$45.00



Kinesiology

by Jane Thurnell-Read

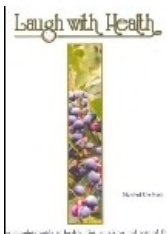
Learn about the history of kinesiology and the different systems that have evolved: Touch for Health, Applied Physiology, Health Kinesiology, Kinergetics, PKP, Three In One and more. Read about the key concepts and what happens in a session. Each chapter may include information about the various corrections and theories utilized by that particular modality.

Read case studies from around the world and accounts of how practitioners and system developers got involved in this amazing therapy.

For practitioners, this book helps give you the language to explain what it is that you do!

\$30.00 Cdn. Retail

\$30.00

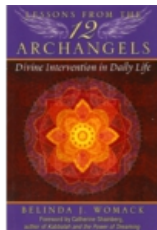


Laugh With Health

By Manfred Urs Koch The complete guide to health, diet, nutrition, and natural foods. This is a fascinating text, with numerous colour images and remarkable charts. This is unlike anything I've ever seen in North America, and is a classic reference for Australian kinesiologists.

\$40.00 Cdn. Retail

\$40.00



Lessons from the 12 Archangels

By Belinda J. Wornack

A powerful guide to open your life to the wisdom and healing of the Angels and their love for us

Contains instructions from the 12 Archangels on how to transform our deepest fears and hurts from the past, Angelic guided visualizations on working with Angels to access the healing power of the chakras and to manifest with the creative imagination

Contains 48 specific messages from the Angels, designed for quick access to practical guidance when needed in daily life

In this book she shares lessons, practices, and daily guidance from the 12 Archangels to help us listen to and heal our wounded inner child, release our fears, and enact deep subconscious transformation. Each word, transmitted directly from the 12 Archangels, carries their love, so that when read, the love is absorbed into the reader's mind and supports the release of our deepest wounds and fears. The tools and exercises shift your vibration so results are both felt and experienced immediately. Each message awakens your innate spiritual power to rebuild destroyed self-esteem, lifting you higher in vibration and allowing life to be filled with the power of your own divinity.

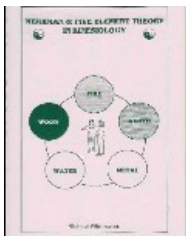
The book includes Angelic guided visualizations on working with Angels to access the healing power of the chakras and to manifest with the creative imagination, as well as specific messages from the 12 Archangels designed for quick access to practical guidance when Angelic support is needed in daily life. As Belinda Wornack shows, by opening sHeaven's abundance, heal our inner wounds, and shift our vibration to one of unconditional love for self, others, Mother Earth, and the Universe.

\$20.00 Cdn

\$20.00

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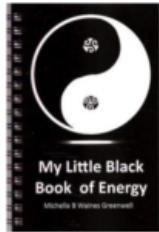


Meridians and Five Element Theory in Kinesiology

Michael Wild BSc.Ed The most comprehensive information available on the theory of meridians and five elements as they relate to Kinesiology. Many practical aspects are also explained as well as often asked questions on these subjects. Very readable with 25 diagrams and tables. 40 pages. Highly recommended for every TFH Instructor to have on hand.

\$25.00 Cdn. Reta

\$25.00



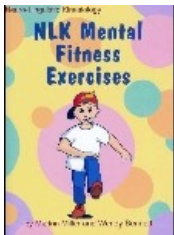
My Little Black Book of Energy

by Michelle B. Waines Greenwell

This resource has Michelle's story of recovery from pain and movement challenges woven throughout as she explores simple and powerful tips and tools on how you can also remove the pain blocks, open up the energy in the body and bring your life to a level of rejuvenation and joy. From personal experience, Michelle has tried and tested all of these tools and found them to be the most useful exercises in her tool box of energy medicine techniques.

Price: \$35.00 Cdn.

\$35.00

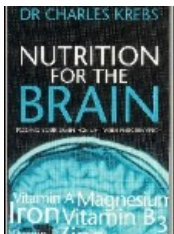


NLK Mental Fitness Exercises

Marion Miller and Wendy Brooks Over 30 Pages of well diagrammed exercises for switching on brain function.

\$25.00 Cdn. Retail

\$25.00



Nutrition for the Brain- Feeding Your Brain for Optimum Performance

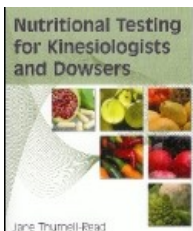
by Dr. Charles Krebs

This book explains what makes up nutrition, how nutrients work in our body, and how the lack of nutrition has detrimental effects. Likewise it highlights how good nutrition can remedy many chronic disease conditions increasing your health, vitality and, most importantly, help you to achieve and maintain optimal mental performance. This book concentrates on nutrition that feeds the brain allowing you to maintain peak performance, even when under stress.

This book finally collects Key Principles and Concepts of Nutrition in one place.

\$32.00 Cdn. Retail

\$32.00



Nutritional Testing For Kinesiologists and Dowsters

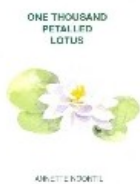
by Jane Thurnell Read This book will help you test for nutritional information in a clear, and systematic manner. This book does not set out to teach you a lot of nutrition knowledge and facts. It sets out to teach you how to use your skills to navigate your way through all the information available. Within its pages, you will find an easy to follow system that allows you to test quickly and easily the exact area you need to be working with. Then you can quickly turn to the relevant section of the book to find information that will help to remind you about important facts and issues to take into account before you start testing.

\$32 Cdn. Retail

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One Thousand Petal Lotus

Annette Noontil More information on the chakra system. Annette's second book. "Growth" clues.

\$28.00 Cdn. Retail

\$28.00



Pendulum Magic for Beginners

By Richard Webster

A pendulum is a powerful tool, yet small enough to carry around and use anytime. With just a few minutes of practice, anyone can start using it. You can use a pendulum for a wealth of practical purposes.

Locate lost objects

Gain insight on any decision

Test food for freshness or allergens

Change bad habits

Resolve health issues

Diagnose car or appliance problems

Once you've mastered the basics, you'll learn more advanced pendulum techniques, including little-known methods that can be used to help you achieve any goal you desire.

\$17.00 Cdn

\$17.00



Pendulum Power

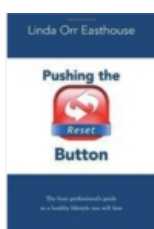
By Greg Nielsen

The power of the pendulum has been valued since ancient times for its ability to discover treasure, advise in love, locate the lost, and divine the new. Pendulum Power teaches how to make and use pendulums for finding success in career and relationships, for healing, for development of intuition and increased mind power, as well as a host of other applications.

A lot packed into a little book. Useful for beginners and anyone without any formal training.

\$13.00 Cdn

\$13.00



Pushing the Reset Button

by Linda Orr Easthouse

An Amazon #1 Bestseller with lots of helpful tips for stress management, diet, exercise, and detoxification, this book subtitled: The busy professional's guide to a healthy lifestyle you will love, is a practical guide to better living.

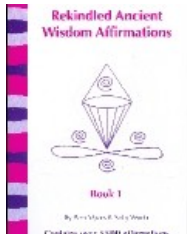
Do's and don'ts in easy to understand terms. Linda lays out a manageable plan to de-stress your days and put you back in control of your life. If you are a practitioner, you will instantly see how having this book in your client lending library will make an impactful difference!

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Price \$18

\$18.00



Rekindled Ancient Wisdom Affirmations - Book 1

by Pam Myers and Sally Worth

Formerly unofficially known as "The Purple Book" - same contents, new cover.

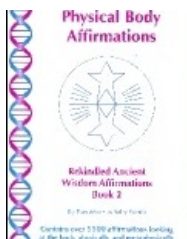
Over 5500 Affirmations contained in 140 Lists for Use in Kinesiology, or Other Therapies.

Brief examples of topics (cannot list all 140!): Relationships, Parenting, Money, Health, Addictions, Career, Personal Power, Potential, Weight, Fear, Letting Go, Learning, Intuition, Allergies, Sabotages, Suppressions, Success, Freedom, Hydration, Brain Integration, Hormones, Toxins, Friendship, Control, Diet and Nutrition....

Now contains an index.

\$48.00 Cdn. Retail

\$48.00



Rekindled Ancient Wisdom Affirmations - Book 2

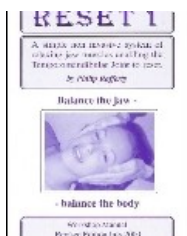
by Pam Myers and Sally Worth

Like it's predecessor (Book 1), this publication also contains 140 different charts, with 40 affirmations per page. These affirmations are specific to the BODY from a physical and also a metaphysical perspective.

Charts cover each individual organ and gland, neck, back, pelvis, hips, knees, ankles, feet, toes, shoulders, elbows, wrists, fingers, hands, cervical vertebrae, thoracic vertebrae, lumbar vertebrae, sacrum/coccyx, cranium, teeth & gums, bones, joints, arteries/veins/capillaries, valves, ligaments, muscles, tendons, fascia, nerves, jaw, hormones, all the body systems individually (ie: endocrine system), cartilage, blood, cells, chromosomes, sinuses, RNA/DNA, Digestion, Respiration, Oxygenation, Circulation, Osmosis, Ionisation, Synthesis, Hydration, Detoxification, Elimination, Utilization, Mineralisation, Assimilation, Absorption, Regulation, Sleep, Face, Memory, Biofeedback, Conception and Gestation, Birth, Infancy and Toddler, Adolescence and Teenage, Puberty, Adult, Elderly, Aging, Growth, Temperature, Spinal Cord, Movement, Recovery, Surgery, Rehabilitation, Accident and Injury, Scars, Co-ordination, Infection, Immunity, Taste, Touch, Smell, Sight, Hearing, Craniosacral Rhythm, Fungus, Bacteria, Virus, Parasites, Enzymes, Amino Acids, Electrolytes, Vitamins, Trace Elements, Cell Salts, Mitochondria, Fertility, Acid/Alkaline, Health, Pain, Fitness, Exercise, Eating.

\$48.00 Cdn. Retail

\$48.00



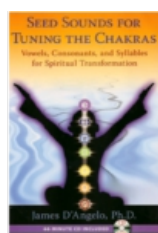
RESET

by Philip Rafferty

Learn how to position your hands and fingers in a specific procedure to release stress in all muscles of the TMJ. Power re-hydrating technique. New A-4 Edition.

Booklet: \$20.00 Cdn. Retail

\$20.00



Seed Sounds for Tuning the Chakras

By James D'Angelo, Ph.D.

Using the Sacred Alphabet--the universal sounds of all languages--sound-healing teacher James D'Angelo explores the intimate connections between vowel, consonant, and syllable combinations, each of the 7 chakras, and their corresponding psychological traits. He explains, for example, how the vowel sound "uh" connects to the root chakra and is found in such words as "support" and "trust," words deeply linked to the emotional character of this chakra. Revealing the voice as the master instrument for transformation--attested by the spiritual traditions that use chanting as an aid to enlightenment--he provides an extensive selection of vocal exercises

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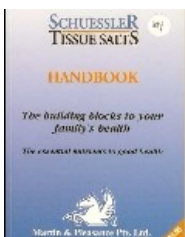
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to re-tune and purify each chakra and dissipate any related negative states as well as exercises that incorporate multiple chakras for general well-being. The accompanying 66-minute CD guides you through each exercise and the proper toning of each chakra's sounds.

In uniting these sacred seed sounds with their corresponding chakras and psychologies, the author shows how you can enhance the power of these syllables and purposefully harness them for healing, states of deep meditation, and spiritual development. By bringing you closer to the voice of the Absolute, your own voice can be the conduit to the blissful union the soul so deeply desires.

\$19.00 Cdn

\$19.00

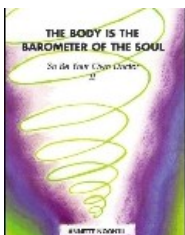


The Biochemic Tissue Salts Handbook - Original

Schuessler Tissue salts are a safe and effective form of homeopathic treatment. For each cell salt this book covers a thorough description, plus a useful first-aid section from abscesses to vertigo, useful combinations, and a wonderful repertory of symptoms section.

\$15.00 Cdn. Retail

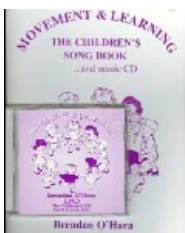
\$15.00



The Body is the Barometer of the Soul

Annette Noontil Relates All Metaphysical Causations for Ill Health and Disease. Includes Colour Skeletal Emotion Chakra Chart.

\$28.00

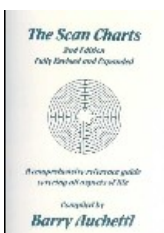


The Children's Music CD

by Brendan O'Hara Help children develop through song and dance! Lively songs help them develop gross and fine motor skills, co-ordinate the left and right halves of the brain and body, integrate upper and lower body awareness, cross the midline, and prepare for or improve reading and writing. This songbook includes the musical score and words to all the songs on the accompanying CD, and includes extra information and well described activities which research has shown will enhance the communication between the different parts of the brain. Personally guaranteed that "Waddle-Lee Archer" has everyone giggling and having fun! Easy-to-do.

\$40 Cdn. Retail

\$40.00



The Scan Charts Book - new edition

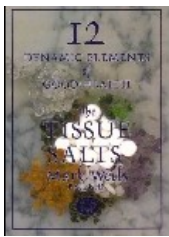
Barry Auchettl Book of scan charts for kinesiologists covering many aspects of life. 10,000 entries - over 40 charts compiled in an easy to access spiral bound manual. Each chart is one page and includes topics such as: Addictions, Affirmations, Bones & Muscles, Colour, Crystals, Dream Analysis, Sexuality, Essences, Fears, Food, Music, Prosperity, Religions, Self Love & More!

\$30.00 Cdn. Retail

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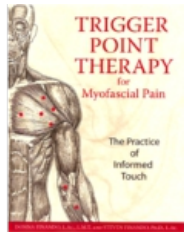


The Tissue Salts

by Mark Wells Valuable information practical for kinesiologists. Contains a guide to assist symptomatic prescribing. Clear, readable, set up as a great homeopathic reference.

\$27.00 Cdn. Retail

\$27.00



Trigger Point Therapy for Myofascial Pain

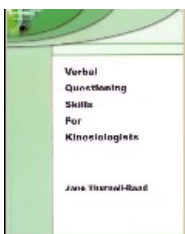
By Donna Finando L.Ac. L.M.T., Steven Finando Ph.D L.Ac.

A field manual for anyone dealing with pain. Contains very clear, detailed illustrations of pain patterns and trigger-point locations

Myofascial pain syndromes are among the fastest growing problems that physicians, osteopaths, acupuncturists, and physical, occupational, and massage therapists encounter in their patients. The authors have organized vast amounts of information on treating myofascial pain into an accessible "user's manual" for healthcare practitioners. This comprehensive yet easy-to-use reference guide to treatment of muscle pain begins with chapters on the concept of Qi and its relationship to myology, specific trigger point location and activation, and palpatory skill-building techniques. Subsequent sections provide detailed information on each muscle to teach clinicians to locate quickly and accurately individual points of pain and compensation. A visual index allows easy identification of the muscles that may be involved.

\$25.00 Cdn

\$25.00

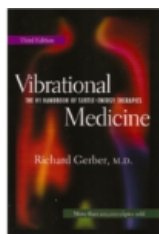


Verbal Questioning Skills for Kinesiologists

by Jane Thurnell-Read Explores in detail the increasingly used technique of 'verbal questioning' that can accompany muscle testing. A practical book which assists in determining appropriate and not appropriate wording, narrowing down, establishing quantities, duration, and much more.

\$22.00 Cdn. Retail

\$22.00



Vibrational Medicine – Third Edition

By Richard Gerber M.D.

A book listed in nearly every bibliography of any healing book most of us have ever read.

Vibrational Medicine has gained widespread acceptance as the textbook of choice for the study of alternative medicine. It is the original comprehensive guide to energetic healing with a new preface by the author and updated resources.

Explore the actual science of etheric energies. Helpful summaries at the end of each chapter help you absorb and retain the wealth of information presented.

Dr. Gerber provides an encyclopedic overview of energetic healing, covering subtle-energy fields, acupuncture, Bach flower remedies, homeopathy, radionics, crystal healing, electrotherapy, radiology, chakras, meditation, and psychic healing. He explains current theories about how various energy therapies work and offers readers new insights into the physical and spiritual perspectives of health and disease.

\$22.00 Cdn

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Wombat and His Mates

by Brendan O'Hara The second of Brendan's CD/book combinations. Fun, happy music and movement exercises focus on giving children an easier and happier start to schooling and life and assist them to develop their physical, mental, emotional, and neurological development. Extra tools to continue the development of early postural reflexes. All of Brendan's music is good for adults to fine-tune their neurological systems too!

\$40 Cdn. Retail

\$40.00