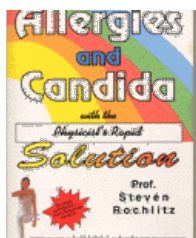


Canadian Kinesiology Bookstore catalog

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Rochlitz Books



Allergies and Candida: with the Physicist's Rapid Solution, New 5th Edition

by Steven Rochlitz, PhD

Read how the author devised simple methods back in 1983 that alleviated his universal allergies, candida, parasitosis, MCS and Chronic Fatigue / Fibromyalgia. The book includes exercises, information on underlying conditions that support candida imbalances, and step by step guide.

\$41.00

A Missing Link To Chronic Illness,
Allergies and Other Problems
With Illustrated Corrections
Steven Rochlitz, PhD



Hiatal Hernia Syndrome / Vagus Nerve Imbalance

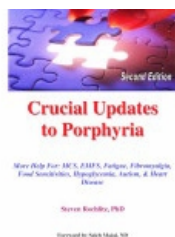
by Steven Rochlitz, PhD

Subtitle: The Most Common Syndrome in Mankind With Illustrated Self Help Corrections

This syndrome can cause or exacerbate acid reflux, asthma, anxiety, sleep apnea, hypertension, heart disease, allergies, fatigue, brain fog and pain.

Learn corrections for these imbalances and crucial diet and lifestyle changes. The author discusses the connection between heart problems and sleep apnea to the hiatal hernia syndrome as well as breathing difficulties, and food 'allergies' plus the connection of MCS and EMFS. Help for GERD and Reflux, anxiety and panic.

\$26.00



Porphyria: Crucial Updates

by Steven Rochlitz, PhD

More information supporting return to wellness for porphyria sufferers.

\$50.00



The Simple Breakthrough for Anti-Aging,
Heart Health, Blood Pressure, Fatigue,
Maximum Athletic Performance, and M.S.
Includes the 3 Rochlitz Heart Integration
Exercises, and much more.

Steven Rochlitz, PhD
Foreword by Charles G. Hedges,
PhD
Foreword by Mark Hagg, MD

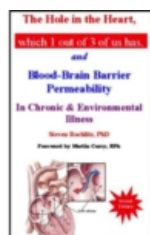
Super Charge Your Heart in Seconds

by Steven Rochlitz, PhD

Subtitle: The Simple Rochlitz Breakthrough for Anti-Aging, Heart Health, Blood Pressure, Fatigue, Maximum Athletic Performance, and M.S.

This self help reference contains information, exercises and corrections that suggest you can rapidly overcome fatigue, brain fog, poor memory, poor balance, spaciness, cold hands and feet, faulty blood pressure, and poor circulation.

\$35.00



The Hole In Your Heart and Blood Brain Barrier Permeability

by Steven Rochlitz, PhD

This self help reference reveals the deep connection of this problem to hiatal hernia and vagus nerve imbalances. Information on how common by hidden heart defects can cause or exacerbate MCS, EMFS, CFS, MS, Food 'Allergies', as well as Migraine and Stroke. Learn self help energy balancing techniques that can ameliorate the symptoms, and what supplements may be helpful. Discussion on the roles of stress, heat, allergies, the patent foramen ovale, nutritional deficiencies and electromagnetic frequencies.

\$32.00