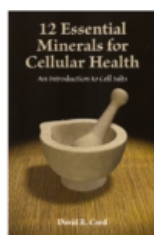


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### New Items



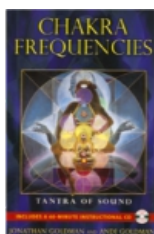
#### 12 Essential Minerals for Cellular Health: An Introduction To Cell Salts

By David Card

A short, simple and readily-accessible summary of the internal and external therapeutic uses of the 12 essential tissue salts, A succinct guide which also includes first aid uses of these inexpensive and easily accessible remedies Mr. Card's new book explains cell salts in a comprehensive fashion, yet simply, and in modern language; gives clear instruction in how to use cell salts, and supplies extensive lists of various disease- or imbalance-conditions that can be helped by cell salt supplementation. A section on the external uses of cell salts, and facial signs of cell salt imbalances, is also included. The book is clearly indexed for ease of usage.

\$12.00 Cdn

**\$12.00**



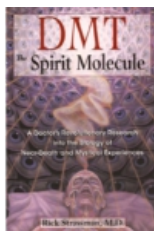
#### Chakra Frequencies

By David Card

A short, simple and readily-accessible summary of the internal and external therapeutic uses of the 12 essential tissue salts, A succinct guide which also includes first aid uses of these inexpensive and easily accessible remedies Mr. Card's new book explains cell salts in a comprehensive fashion, yet simply, and in modern language; gives clear instruction in how to use cell salts, and supplies extensive lists of various disease- or imbalance-conditions that can be helped by cell salt supplementation. A section on the external uses of cell salts, and facial signs of cell salt imbalances, is also included. The book is clearly indexed for ease of usage.

\$12.00 Cdn

**\$28.00**



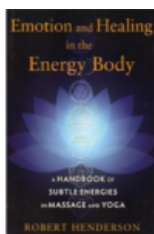
#### DMT The Spirit Molecule

By Rick Strassman, MD

This book contains information about experiments conducted with DMT which has connected this naturally occurring chemical with the Pineal Gland which is currently being researched in the alternative health field for it's tremendous potential in healing and wellness.

\$21.00 Cdn

**\$21.00**



#### Emotion and Healing in the Energy Body

By Robert Henderson

A comprehensive guide to emotional blockages in the energy body and their physical manifestations

Explains how to interpret and work with energies released in massage and during yoga practice Detailing how these energies are drawn in by the chakras and distributed throughout the body by the meridians, the author explains how suffering acute emotional trauma or long-term stress causes negative energies to accumulate in the energy body much like fat deposits. Our physical body reacts to these energy blockages, leading to physical conditions such as closed hips, tight hamstrings, digestive distress, chronic pain, and persistent tension in areas like the shoulders. The author explores more than 30 specific physical ailments, providing the energetic origins of each condition, the exact location of the corresponding energy blockage, and which meridians, chakras, and points are affected. He covers sexual energy in depth, explaining how to handle repressed energy as it is released during yoga or massage.

\$25.00 Cdn

**\$25.00**

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### Kinesiology Principles In Practice

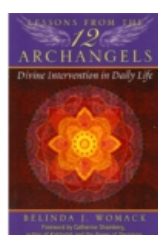
by Toni Lilley

A huge compendium of information for the practising kinesiologist & student. Hundreds of topics are covered in 11 chapters with many sub topics, including: What Is Kinesiology? Determining Session Strategy; Principles & Practices of Kinesiology: Regulations & Guidelines, Assessment of Clients Needs & More.

In Canada, suggested for Ethics compliance.

Price: \$75 Cdn

**\$75.00**



### Lessons from the 12 Archangels

By Belinda J. Wornack

A powerful guide to open your life to the wisdom and healing of the Angels and their love for us

Contains instructions from the 12 Archangels on how to transform our deepest fears and hurts from the past , Angelic guided visualizations on working with Angels to access the healing power of the chakras and to manifest with the creative imagination

Contains 48 specific messages from the Angels, designed for quick access to practical guidance when needed in daily life

In this book she shares lessons, practices, and daily guidance from the 12 Archangels to help us listen to and heal our wounded inner child, release our fears, and enact deep subconscious transformation. Each word, transmitted directly from the 12 Archangels, carries their love, so that when read, the love is absorbed into the reader's mind and supports the release of our deepest wounds and fears. The tools and exercises shift your vibration so results are both felt and experienced immediately. Each message awakens your innate spiritual power to rebuild destroyed self-esteem, lifting you higher in vibration and allowing life to be filled with the power of your own divinity.

The book includes Angelic guided visualizations on working with Angels to access the healing power of the chakras and to manifest with the creative imagination, as well as specific messages from the 12 Archangels designed for quick access to practical guidance when Angelic support is needed in daily life. As Belinda Wornack shows, by opening sHeaven's abundance, heal our inner wounds, and shift our vibration to one of unconditional love for self, others, Mother Earth, and the Universe.

\$20.00 Cdn

**\$20.00**



### Pendulum Magic for Beginners

By Richard Webster

A pendulum is a powerful tool, yet small enough to carry around and use anytime. With just a few minutes of practice, anyone can start using it. You can use a pendulum for a wealth of practical purposes.

Locate lost objects

Gain insight on any decision

Test food for freshness or allergens

Change bad habits

Resolve health issues

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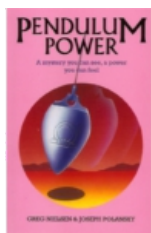
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Diagnose car or appliance problems

Once you've mastered the basics, you'll learn more advanced pendulum techniques, including little-known methods that can be used to help you achieve any goal you desire.

\$17.00 Cdn

**\$17.00**



### Pendulum Power

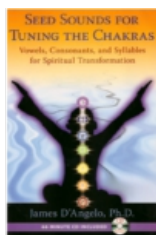
By Greg Nielsen

The power of the pendulum has been valued since ancient times for its ability to discover treasure, advise in love, locate the lost, and divine the new. Pendulum Power teaches how to make and use pendulums for finding success in career and relationships, for healing, for development of intuition and increased mind power, as well as a host of other applications.

A lot packed into a little book. Useful for beginners and anyone without any formal training.

\$13.00 Cdn

**\$13.00**



### Seed Sounds for Tuning the Chakras

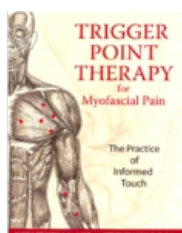
By James D'Angelo, Ph.D.

Using the Sacred Alphabet--the universal sounds of all languages--sound-healing teacher James D'Angelo explores the intimate connections between vowel, consonant, and syllable combinations, each of the 7 chakras, and their corresponding psychological traits. He explains, for example, how the vowel sound "uh" connects to the root chakra and is found in such words as "support" and "trust," words deeply linked to the emotional character of this chakra. Revealing the voice as the master instrument for transformation--attested by the spiritual traditions that use chanting as an aid to enlightenment--he provides an extensive selection of vocal exercises to re-tune and purify each chakra and dissipate any related negative states as well as exercises that incorporate multiple chakras for general well-being. The accompanying 66-minute CD guides you through each exercise and the proper toning of each chakra's sounds.

In uniting these sacred seed sounds with their corresponding chakras and psychologies, the author shows how you can enhance the power of these syllables and purposefully harness them for healing, states of deep meditation, and spiritual development. By bringing you closer to the voice of the Absolute, your own voice can be the conduit to the blissful union the soul so deeply desires.

\$19.00 Cdn

**\$19.00**



### Trigger Point Therapy for Myofascial Pain

By Donna Finando L.Ac. L.M.T., Steven Finando Ph.D L.Ac.

A field manual for anyone dealing with pain. Contains very clear, detailed illustrations of pain patterns and trigger-point locations

Myofascial pain syndromes are among the fastest growing problems that physicians, osteopaths, acupuncturists, and physical, occupational, and massage therapists encounter in their patients. The authors have organized vast amounts of information on treating myofascial pain into an accessible "user's manual" for healthcare practitioners. This comprehensive yet

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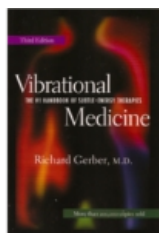
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easy-to-use reference guide to treatment of muscle pain begins with chapters on the concept of Qi and its relationship to myology, specific trigger point location and activation, and palpatory skill-building techniques. Subsequent sections provide detailed information on each muscle to teach clinicians to locate quickly and accurately individual points of pain and compensation. A visual index allows easy identification of the muscles that may be involved.

\$25.00 Cdn

**\$25.00**



### Vibrational Medicine – Third Edition

By Richard Gerber M.D.

A book listed in nearly every bibliography of any healing book most of us have ever read.

Vibrational Medicine has gained widespread acceptance as the textbook of choice for the study of alternative medicine. It is the original comprehensive guide to energetic healing with a new preface by the author and updated resources.

Explore the actual science of etheric energies. Helpful summaries at the end of each chapter help you absorb and retain the wealth of information presented.

Dr. Gerber provides an encyclopedic overview of energetic healing, covering subtle-energy fields, acupuncture, Bach flower remedies, homeopathy, radionics, crystal healing, electrotherapy, radiology, chakras, meditation, and psychic healing. He explains current theories about how various energy therapies work and offers readers new insights into the physical and spiritual perspectives of health and disease.

\$22.00 Cdn

**\$22.00**