

## Canadian Kinesiology Bookstore catalog

This catalog was generated on January 28, 2017

### Books-DVDs



#### A Revolutionary Way of Thinking

by Charles Krebs Ph.D

A Revolutionary Way of Thinking is a fascinating account of how Charles Krebs' near fatal accident led to the development of a very successful Kinesiology based approach to reintegrating brain function. This book is a well grounded publication covering in detail the history and development of Kinesiology as well as the most updated neuroanatomy and physiology as it relates to brain function that is so relevant to the Kinesiology field.

**\$45.00**

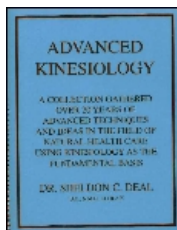


#### Acupuncture Points and Meridians

Sydney College Press An excellent reference on the location of acupoints of the regular and the extra meridians.

\$45.00 Cdn Retail

**\$45.00**

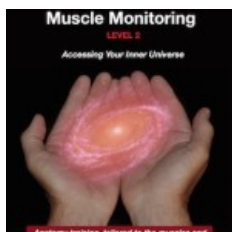


#### Advanced Kinesiology

by Sheldon Deal, DC A compilation of 20 years experience by one of kinesiology's pioneers. Includes numerous tests and corrections that are beyond what is taught in the average kinesiology class!

\$120.00 Cdn. Retail

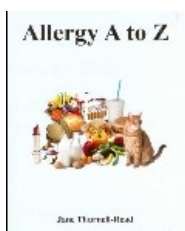
**\$120.00**



#### All 4 DVDs

Buy all four Webb DVDs for \$140

**\$140.00**



#### Allergies A-Z

by Jane Thurnell-Reed Extensive lists of possible allergens and their sources or uses in industry and foods. Includes a section on symptoms and signs of allergies, and interesting discussion on allergies.

\$28.00 Cdn

**\$28.00**



#### Allergies and Candida: with the Physicist's Rapid Solution, New 5th Edition

by Steven Rochlitz, PhD

Read how the author devised simple methods back in 1983 that alleviated his universal allergies, candida, parasitosis, MCS and Chronic Fatigue / Fibromyalgia. The book includes exercises, information on underlying conditions that support candida imbalances, and step by step guide.

**\$41.00**

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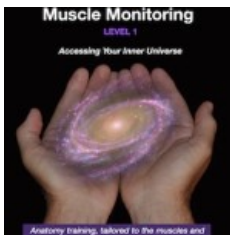


### Allergies!! How to Find and Conquer

by Wayne Topping, Ph.D. The related tissue(s), emotions, and nutrition related to many substances. Clear the symptoms of allergy by balancing one or more of these aspects.

\$32.00 Cdn. Retail

**\$32.00**



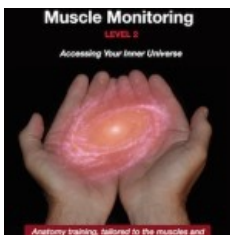
### Anatomy of Kinesiology Muscle Monitoring Level 1

by Greg Webb RMT. Anatomy training tailored to the muscles and methods used in Energy based Kinesiology.

1st of 4 DVDs. Teaches how to locate, monitor, and get the best possible information from the 14 primary muscles associated with 14 acupuncture meridians. Described in common language and anatomical terminology, beginning students and advanced practitioners will increase understanding and skill.

Features a second section helping you with the feel of receiving and applying proper muscle testing pressure and stabilization and recognizing jammed (over-facilitated muscles). Also describes how to apply corrective reflexes, best practices for working near 'personal' regions. Approximately 90 minutes.

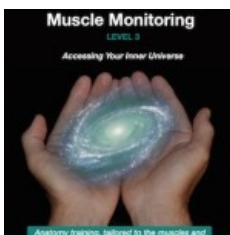
**\$39.95**



### Anatomy of Kinesiology Muscle Monitoring Level 2

by Greg Webb RMT. 2nd of 4 DVDs. Teaches monitoring positions for 14 new muscles affecting neck, shoulder tension, hip and knee issues. A special section shows how to correct imbalances by working with spindle cell and golgi tendon proprioceptors, as well as recognizing jammed (over-facilitated) muscles. Like the first DVD, common language and anatomical terminology will suit both beginning students and advanced practitioners. Approximately 64 minutes.

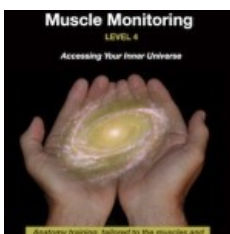
**\$39.95**



### Anatomy of Kinesiology Muscle Monitoring Level 3

by Greg Webb RMT. 3rd of 4 DVDs. Teaches monitoring positions for 16 more muscles that help correct tension in the neck, shoulders, lower back and hips, as well as muscles that add stability and strength to knees and ankles. Learn how to assess all the 42 TFH muscles quickly and effectively as well as 18 new additional muscle tests for furthering your expertise. Approximately 50 minutes.

**\$39.95**



### Anatomy of Kinesiology Muscle Monitoring Level 4

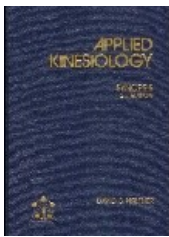
by Greg Webb RMT. 4th of the DVD series. Focus is on pulling it all together while increasing your clinic skills. There is great value in evaluating all the 42+ muscles. Doing so sets the stage for significant change on many levels. Level 4 is designed to help you learn how to do this quickly and effectively. Learn advanced testing positions to your existing skills. Additional special tests for neck conditions, groin issues, as well as hamstrings, quadriceps, knee, calf and shoulder/neck issues.

5 Element Reactives. This protocol finally takes the guess work out of the Reactive Muscle identification and correction. Following the step-by-step approach simplifies this powerful correction for trauma and chronic imbalances. Approximately 80 minutes.

**\$39.95**

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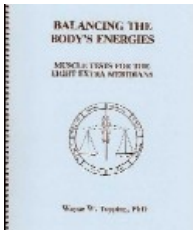


### Applied Kinesiology

Synopsis by David S. Walther D.C. Contains the material from the now out-of-print 'AK Volume 1' plus copious amounts of updated and new material. Chapter Titles include: Eight General Examination and Treatment Procedures; Spinal Column; Nutrition; Neurologic Disorganization; Meridian Therapy; Muscles: testing and function; Stomatognathic System; Orthopaedic Conditions; Mental & Emotional Conditions; Systemic Conditions.

\$120.00 Cdn. Retail

**\$120.00**



### Balancing the Body's Energies

by Wayne Topping, Ph.D. Here are the 8 extra meridians describing their relationship to the endocrine system and with their muscle tests and corrections. One of the few books written on the subject. Includes a 'meridian wheel' which has the eight extra meridians listed in their respective locations.

\$26.00 Cdn. Retail

**\$26.00**

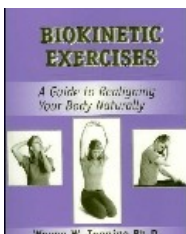


### Biokinesiology Workbook

by Wayne Topping, Ph.D. Use muscle testing to balance the chakra energy centers & emotions. Includes the tremendously useful Organ Response Location chart and related emotions. Lots of information packed in this workshop manual - not really suitable for entry level kinesiology students.

\$33.00 Cdn. Retail

**\$33.00**

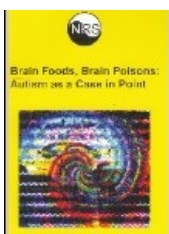


### Biokinetic Exercises

by Wayne Topping, Ph.D. A Guide to Realigning Your Body Naturally. 141pp. Spiral Bound. Chronic muscle imbalance? Pain? Learn how to position the body to permanently release the problem and support the related organs and glands. Includes great descriptions of the TFH muscles and much, much more!

\$38.00 Cdn. Retail

**\$38.00**



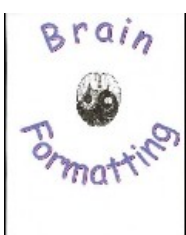
### Brain Foods, Brain Poisons: Autism as a Case in Point

by Dr. Igor Tabrizian

Examine the roles of important nutrients in normal human development - from both the mother and the child's perspective. Considers the relationship of hormones, gut, and brain in ensuring the correct development of all the tissues in the growing child. Examine the role of genetics and antioxidants in the prevention and treatment of autism, and the roles of toxic metals. Dr. Tabrizian's includes numerous excellent diagrams which are fabulous for visual learners and fully support the written word.

\$36.00 Cdn. Retail

**\$36.00**



### Brain Formatting

by Hugo Tobar Learn what finger modes to hold while touching specific acupressure points to discover stress on the neurological system. Cortex, Brain Stem, Diencephalon, Midbrain, Pons, Medulla, Spinal Cord, Heart/Brain, Enteric Nervous System and more! Touch for Health balancing techniques can clear the stress once discovered, or get creative with your favourite correction tools!

\$38.00 Retail

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### Chakra Metaphors

by Hugo Tobar

This book gives useful information on the meaning of the major and minor chakras, when they are in an under-facilitated, or over facilitated state. Useful to the practitioner who wants to support chakra work with meaningful conversation. Also includes specific formatting to access the chakra to find out whether it is in an under, or over – energy state. This is a workshop manual, where it will be most useful to a practitioner who already understands the formatting concept utilized by Hugo and Applied Physiologists.

\$38.00 Cdn. Retail

**\$38.00**



### Color for Health

Based on popular Anatomy Coloring Books, find all your TFH Neuro-vasculars, Neuro-lymphatics, Meridians, and Muscles to colour according to Meridian order! Tremendously useful for those wanting to remember this data by heart.

\$18.00 Cdn. Retail

**\$18.00**



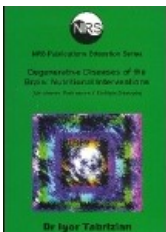
### Conference Journal 2015 - Canada/IKC/EKF

Conference Journal 2015 - Canada/IKC/EKF

49 speakers share theory and research on subjects relating to this conference's theme:

Confluence... the joining and mingling of all the kinesiologies. Such an amazing collection of papers. Start or add to your conference journal collection with this gem.

Price: \$45 Cdn.



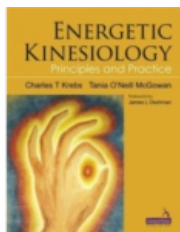
### Degenerative Diseases of the Brain: Nutritional Interventions (Alzheimers, Parkinsons & Multiple Sclerosis)

by Dr. Igor Tabrizian

This book systematically examines the numerous puzzle pieces for understanding the brain from a nutritional perspective. From normal brain function to neurodegenerative disorders. Get some understanding of the biochemistry of the brain and how to specifically support our central nervous system with nutrition. Count on enjoying Dr. T's numerous visual images to understand his teachings.

\$36.00 Cdn. Retail

**\$36.00**



### Energetic Kinesiology Principles and Practice

Energy Kinesiology is an emerging field gaining more and more scientific support and recognition. This fully referenced and illustrated textbook describes the field and explains the techniques upon which it is built. It covers the underlying principles, the methods and scientific support for the efficacy of Energetic Kinesiology. It also offers a unique history of Energetic Kinesiology based on the first-hand experience of Charles Krebs who knew most of the originators of Energetic Kinesiology techniques personally. It is a unique source of a vast array of information, research and clinical knowledge in a format that is extremely practical to clinicians and students. There is no other publication available that explains this modality better, nor that shares as much information on core kinesiology tools and techniques. It also provides guidance on client assessments, gathering more information from the energetic body, and when and how to apply core corrective techniques. You will be pleased with your investment in buying and taking the time to read this textbook and applying this knowledge to your clinical practice.

**\$70.00**

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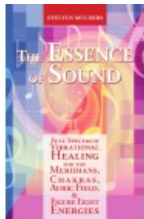


### Energy Mismatch

Jane Thurnell Read A popular workshop turned into an easy to follow manual. Highly interesting for exploring allergies, sensitivities of all kinds.

\$22.00 Cdn. Retail

**\$22.00**



### Essence of Sound

by Evelyn Mulders

Energy Medicine is the medicine of the future and sound has been predicted to be the healing modality of the 21st century. This book "The Essence of Sound" blends both of these predictions to offer the reader a unique understanding of how Energy Medicine has the potential to enhance health, vitality and personal growth. The purpose of this book is to help the reader bring awareness to the healing potential of vibrational remedies. Some have claimed this book to be an encyclopedia of Energy Medicine.

**\$38.00**



### eTouch for Health CD version 2.4

by Earl and Gail Cook with Dr. John Thie, D.C. eTouch uses muscle testing to identify energy blockages in the body and provides a variety of natural energy-balancing techniques that help the body heal itself, reduce pain and improve posture. These holistic techniques are based on Oriental meridian- energy philosophies and are easy for the novice to learn and use effectively. eTouch provides instructions, illustrations and digital movies to guide you through the testing and balancing process and records your testing history for future reference. For Windows

\$99.00 Cdn. Retail

**\$99.00**



### Eye Power

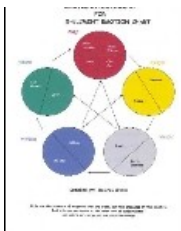
by Barry Auchettl

PDF booklet.

Power your Eyes, Empower your Vision. A 10 minute-a-day guide to enhance your eyes in 10 days. This booklet is not just about doing eye exercises. There are important questions to consider, daily activities including setting goals, affirmations, and some familiar specialized kinesiology exercises also. Suggestions for useful nutrition/supplementation is included.

\$10.00

**\$10.00**



### Five Element Emotions Dictionary

Delores Wiltse Do you ever work on someone and an emotion word comes up that you can't quite define and the client wants more clarification? This handy 8.5 x 11 book lists definitions for all the Five Element Emotions in a colourful way. Miscellaneous affirmations and interesting tidbits included.

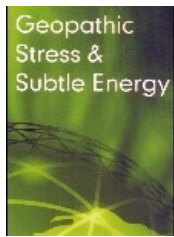
\$22.00 Cdn. Retail

**\$22.00**



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### Geopathic Stress & Subtle Energy

By Jane Thurnell-Read This book looks at the theories about the causes of geopathic stress (electromagnetic, paranormal, and subtle energy) and the different types of geopathic stress. It explains how GS can be detected, the various types of remedial action that can be taken, and how individuals can protect themselves.

\$23.00

**\$23.00**



### Hiatal Hernia Syndrome / Vagus Nerve Imbalance

by Steven Rochlitz, PhD

Subtitle: The Most Common Syndrome in Mankind With Illustrated Self Help Corrections

This syndrome can cause or exacerbate acid reflux, asthma, anxiety, sleep apnea, hypertension, heart disease, allergies, fatigue, brain fog and pain.

Learn corrections for these imbalances and crucial diet and lifestyle changes. The author discusses the connection between heart problems and sleep apnea to the hiatal hernia syndrome as well as breathing difficulties, and food 'allergies' plus the connection of MCS and EMFS. Help for GERD and Reflux, anxiety and panic.

**\$26.00**



### Hormones and their Receptors

This book is intended for further information on the endocrine system than can be easily obtained from standard texts. It concentrates on endocrine receptors, and lists 201 hormones in its appendix. Useful for kinesiologists who use scanning techniques to use as a reference text, and to aid further understanding of hormones for those who want more in-depth information.

\$50.00 Retail

**\$50.00**



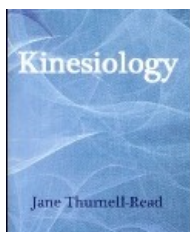
### Kinergetics Formats and Dictionary

by Philip Rafferty

The Kinergetics emotions chart on the back is highly valuable, and the dictionary provides meaning and synonyms for each of the 420 emotions organized in coloured rows and columns. The manual includes formats extremely useful for deeply accessing each physiological system of the body, including reproduction, immune, lymphatics, endocrines, digestion, skin, blood pressure and way, way more than you can probably imagine.

45.00 Cdn. Retail

**\$45.00**



### Kinesiology

by Jane Thurnell-Read

Learn about the history of kinesiology and the different systems that have evolved: Touch for Health, Applied Physiology, Health Kinesiology, Kinergetics, PKP, Three In One and more. Read about the key concepts and what happens in a session. Each chapter may include information about the various corrections and theories utilized by that particular modality.

Read case studies from around the world and accounts of how practitioners and system developers got involved in this amazing therapy.

For practitioners, this book helps give you the language to explain what it is that you do!

\$30.00 Cdn. Retail

**\$30.00**

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### Kinesiology Principles In Practice

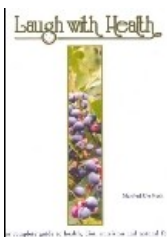
by Toni Lilley

A huge compendium of information for the practising kinesiologist & student. Hundreds of topics are covered in 11 chapters with many sub topics, including: What Is Kinesiology? Determining Session Strategy; Principles & Practices of Kinesiology: Regulations & Guidelines, Assessment of Clients Needs & More.

In Canada, suggested for Ethics compliance.

Price: \$75 Cdn

**\$75.00**

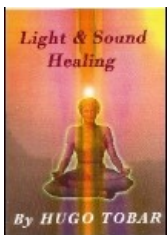


### Laugh With Health

By Manfred Urs Koch The complete guide to health, diet, nutrition, and natural foods. This is a fascinating text, with numerous colour images and remarkable charts. This is unlike anything I've ever seen in North America, and is a classic reference for Australian kinesiologists.

\$40.00 Cdn. Retail

**\$40.00**



### Light & Sound Healing

by Hugo Tobar This workshop manual includes information on specific colours useful for under-energy or over-energy states of the 14 meridians, the 8 Extra Meridians, and the 7 Major chakras. There is also information on colours to heal the Minor chakras as well as the Celestial chakras. Discussion on healing images and sounds associated with each meridian and chakra.

\$38.00 Cdn. Retail

**\$38.00**



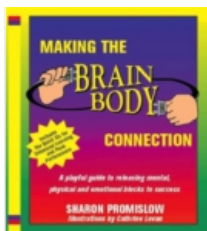
### Magnesium, Zinc, Iron, Copper and Other Trace Elements

by Dr. Igor Tabrizian

Discussion of the importance of cation dysfunction, action of these elements in the body. Detailed graphics and charts. Symptoms of deficiency and lots of great information on overload. Relationship to xenoestrogens and hormones. Biochemical interpretation of symptoms. Consideration of nutrients and anti-nutrients and antagonism of nutrients as well as food sources for these elements.

\$36.00 Retail

**\$36.00**



### MAKING THE BRAIN/BODY CONNECTION

A playful guide to releasing mental, emotional and physical blocks to success.

By Sharon Promislow

Did you know that your emotions and beliefs lock in stress creating "Stress Circuits" that block learning and impact memory? These circuits limit our ability to express ourselves and experience life to the fullest. "Making the Brain/Body Connection" will show you powerful techniques to stop stress from creating blocks to your ability to learn and perform your absolute best.

In her lively and entertaining book, Sharon blends stress and brain research with practical exercises and techniques that have you moving beyond your current limitations and into a life you only imagined you could have.

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Follow along with this step-by-step guide as she leads you through a model for change that unlocks these "stress circuits." Explore and experience how your brain, body and senses interrelate. Clear away mental, emotional and physical blocks to success with simple movements that make change fun. Illustrated with humorous cartoon characters that help you focus on the important points.

Price: \$23 Cdn.

**\$23.00**

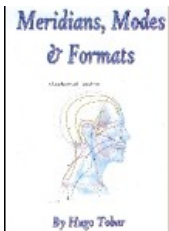


### Meridians and Five Element Theory in Kinesiology

Michael Wild BSc.Ed The most comprehensive information available on the theory of meridians and five elements as they relate to Kinesiology. Many practical aspects are also explained as well as often asked questions on these subjects. Very readable with 25 diagrams and tables. 40 pages. Highly recommended for every TFH Instructor to have on hand.

\$25.00 Cdn. Reta

**\$25.00**



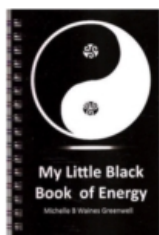
### Meridians, Modes, and Formats

by Hugo Tobar

This book carries all the beautiful images contained in Meridians and Points under license from Beverly Curl, Many kinesiology practitioners favour these images for locating points accurately as the images are drawn with pastel understructures of muscles and bones and meridians are coloured according to Applied Physiology theory. In addition, the book contains approximately 87 photos of various finger modes used in Hugo's workshops, as well as in Applied Physiology workshops plus other useful finger modes. There is also information on 'Formatting' to access 35 organs/glands and other useful physical structures.

\$48.00 Cdn. Retail

**\$48.00**



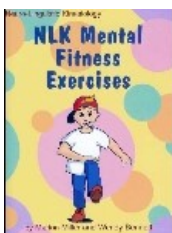
### My Little Black Book of Energy

by Michelle B. Waines Greenwell

This resource has Michelle's story of recovery from pain and movement challenges woven throughout as she explores simple and powerful tips and tools on how you can also remove the pain blocks, open up the energy in the body and bring your life to a level of rejuvenation and joy. From personal experience, Michelle has tried and tested all of these tools and found them to be the most useful exercises in her tool box of energy medicine techniques.

Price: \$35.00 Cdn.

**\$35.00**



### NLK Mental Fitness Exercises

Marion Miller and Wendy Brooks Over 30 Pages of well diagrammed exercises for switching on brain function.

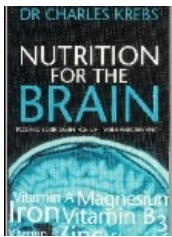
\$25.00 Cdn. Retail

**\$25.00**



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### Nutrition for the Brain- Feeding Your Brain for Optimum Performance

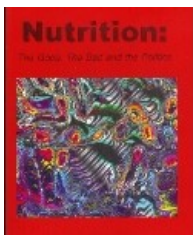
by Dr. Charles Krebs

This book explains what makes up nutrition, how nutrients work in our body, and how the lack of nutrition has detrimental effects. Likewise it highlights how good nutrition can remedy many chronic disease conditions increasing your health, vitality and, most importantly, help you to achieve and maintain optimal mental performance. This book concentrates on nutrition that feeds the brain allowing you to maintain peak performance, even when under stress.

This book finally collects Key Principles and Concepts of Nutrition in one place.

\$32.00 Cdn. Retail

**\$32.00**



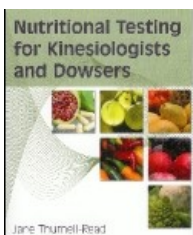
### Nutrition: The Good, The Bad and the Politics

by Dr. Igor Tabrizian

A revised combination of Dr. Tabrizian's first two books: "Nutritional Medicine: Fact and Fiction", and "Another Dose of Nutritional Medicine", plus additional information on Manganese. Learn about the trace elements, toxic elements, coenzyme-Q10, Cancer, Chronic Fatigue, Diabetes, Depression, ADD. Described as "cheekily insightful". Plenty of reference to published papers. Great diagrams of biochemical cascades related to nutrition.

\$45.00 Cdn. Retail

**\$45.00**

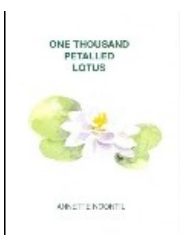


### Nutritional Testing For Kinesiologists and Dowzers

by Jane Thurnell Read This book will help you test for nutritional information in a clear, and systematic manner. This book does not set out to teach you a lot of nutrition knowledge and facts. It sets out to teach you how to use your skills to navigate your way through all the information available. Within its pages, you will find an easy to follow system that allows you to test quickly and easily the exact area you need to be working with. Then you can quickly turn to the relevant section of the book to find information that will help to remind you about important facts and issues to take into account before you start testing.

\$32 Cdn. Retail

**\$32.00**

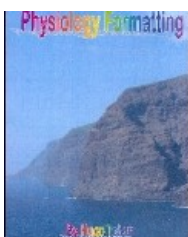


### One Thousand Petal Lotus

Annette Noontil More information on the chakra system. Annette's second book. "Growth" clues.

\$28.00 Cdn. Retail

**\$28.00**



### Physiology Formatting

by Hugo Tobar

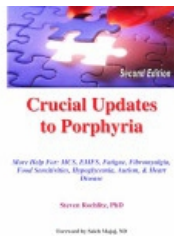
People comfortable with Touch for Health will be able to utilize much of the information in this book, though it will likely better suit experienced kinesiology practitioners. If you're willing to learn how to use 'formatting' (an Applied Physiology concept which combines finger modes with specific acupoints), as described within the pages of this book, you will be rewarded with fascinating ways to access deeper information on the state of energy imbalances in numerous physical functions of the body. Procedures detailed in this book to help support energetic imbalances for all the organs and glands learned in Touch for Health, plus extra information. If you follow Hugo's work, this item is a 'must have'.

\$38.00 Cdn. Retail

**\$38.00**

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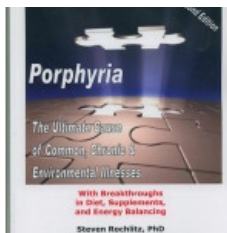


### Porphyria: Crucial Updates

by Steven Rochlitz, PhD

More information supporting return to wellness for porphyria sufferers.

**\$50.00**

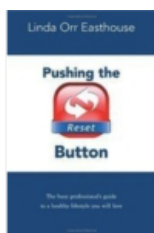


### Porphyria: The Ultimate Cause of Common, Chronic, and Environmental Illnesses. With Breakthroughs in Diet, Supplements, and Energy Balancing (2nd Edition)

by Steven Rochlitz, PhD

This hidden problem is often "the last piece of the puzzle" for many chronic illnesses or environmental illnesses. The author suggests up to 20% of mankind may have a porphyria genetic defect that shows itself after stress, toxicity, drugs, or microorganism overgrowth. Intolerance of caffeine, alcohol, stress, meds, supplements, MSG are possible signs of underlying porphyria, as are MCS, EMFS, and EI

**\$50.00**



### Pushing the Reset Button

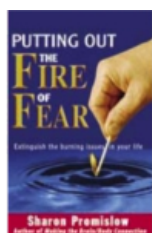
by Linda Orr Easthouse

An Amazon #1 Bestseller with lots of helpful tips for stress management, diet, exercise, and detoxification, this book subtitled: The busy professional's guide to a healthy lifestyle you will love, is a practical guide to better living.

Do's and don'ts in easy to understand terms. Linda lays out a manageable plan to de-stress your days and put you back in control of your life. If you are a practitioner, you will instantly see how having this book in your client lending library will make an impactful difference!

Price \$18

**\$18.00**



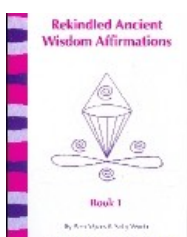
### Putting Out the Fire of Fear

by Sharon Promislow

this book will guide you through recognizing how stress impacts your body and show you how to stop the stress cycle before damage is done. There isn't always time to work out at the gym or meditate on a mountain, so grab this book and get on with your life. The practical techniques and real life examples allow you to apply the principles wherever you are - at the office, at home, on the street or on a plane!

Price: \$18 Cdn.

**\$18.00**



### Rekindled Ancient Wisdom Affirmations - Book 1

by Pam Myers and Sally Worth

Formerly unofficially known as "The Purple Book" - same contents, new cover.

Over 5500 Affirmations contained in 140 Lists for Use in Kinesiology, or Other Therapies.

Brief examples of topics (cannot list all 140!): Relationships, Parenting, Money, Health, Addictions, Career, Personal Power, Potential, Weight, Fear, Letting Go, Learning, Intuition, Allergies, Sabotages, Suppressions, Success, Freedom, Hydration, Brain Integration, Hormones, Toxins, Friendship, Control, Diet and Nutrition....

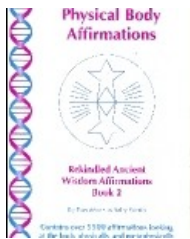
Now contains an index.

\$48.00 Cdn. Retail

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**\$48.00**



### Rekindled Ancient Wisdom Affirmations - Book 2

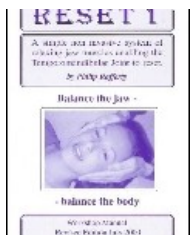
by Pam Myers and Sally Worth

Like it's predecessor (Book 1), this publication also contains 140 different charts, with 40 affirmations per page. These affirmations are specific to the BODY from a physical and also a metaphysical perspective.

Charts cover each individual organ and gland, neck, back, pelvis, hips, knees, ankles, feet, toes, shoulders, elbows, wrists, fingers, hands, cervical vertebrae, thoracic vertebrae, lumbar vertebrae, sacrum/coccyx, cranium, teeth & gums, bones, joints, arteries/veins/capillaries, valves, ligaments, muscles, tendons, fascia, nerves, jaw, hormones, all the body systems individually (ie: endocrine system), cartilage, blood, cells, chromosomes, sinuses, RNA/DNA, Digestion, Respiration, Oxygenation, Circulation, Osmosis, Ionisation, Synthesis, Hydration, Detoxification, Elimination, Utilization, Mineralisation, Assimilation, Absorption, Regulation, Sleep, Face, Memory, Biofeedback, Conception and Gestation, Birth, Infancy and Toddler, Adolescence and Teenage, Puberty, Adult, Elderly, Aging, Growth, Temperature, Spinal Cord, Movement, Recovery, Surgery, Rehabilitation, Accident and Injury, Scars, Co-ordination, Infection, Immunity, Taste, Touch, Smell, Sight, Hearing, Craniosacral Rhythm, Fungus, Bacteria, Virus, Parasites, Enzymes, Amino Acids, Electrolytes, Vitamins, Trace Elements, Cell Salts, Mitochondria, Fertility, Acid/Alkaline, Health, Pain, Fitness, Exercise, Eating.

\$48.00 Cdn. Retail

**\$48.00**



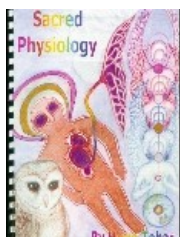
### RESET

by Philip Rafferty

Learn how to position your hands and fingers in a specific procedure to release stress in all muscles of the TMJ. Power re-hydrating technique. New A-4 Edition.

Booklet: \$20.00 Cdn. Retail

**\$20.00**

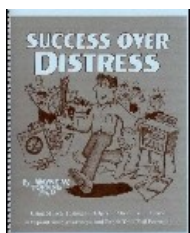


### Sacred Physiology

by Hugo Tobar A book about the philosophy of energetic systems. A beautiful collection of information on the chakra system, including the minor and out-of-body chakras. For kinesiologists familiar with formatting (holding combinations of finger modes and acupressure points), there are formats relating to numerous nadis, chakras, and aura. Along with specific physiology descriptions of related structures, contains detailed information on the endocrine system. Definitely more useful when obtained in conjunction to the workshop of the same name, however, contains extensive lists of information on hormones, their related organ/gland, and actions. Other eclectic information and can be used as a reference text.

\$50.00 Retail

**\$50.00**



### Success Over Distress by Wayne Topping, Ph.D.

(may still be out of print - please check) This book covers Emotional Stress Release on many levels, finger modes, eye rotation, emotional testing, cross-crawling, temporal tapping & more. Wonderful resource book for Stress Release techniques.

\$26.00 Cdn. Retail

**\$26.00**

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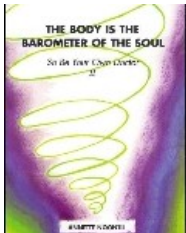
### Super Charge Your Heart in Seconds

by Steven Rochlitz, PhD

Subtitle: The Simple Rochlitz Breakthrough for Anti-Aging, Heart Health, Blood Pressure, Fatigue, Maximum Athletic Performance, and M.S.

This self help reference contains information, exercises and corrections that suggest you can rapidly overcome fatigue, brain fog, poor memory, poor balance, spaciness, cold hands and feet, faulty blood pressure, and poor circulation.

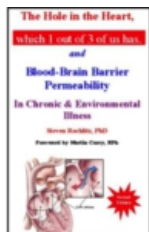
**\$35.00**



### The Body is the Barometer of the Soul

Annette Noontil Relates All Metaphysical Causations for Ill Health and Disease. Includes Colour Skeletal Emotion Chakra Chart.

**\$28.00**

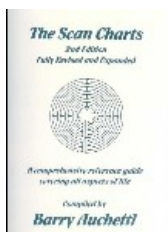


### The Hole In Your Heart and Blood Brain Barrier Permeability

by Steven Rochlitz, PhD

This self help reference reveals the deep connection of this problem to hiatal hernia and vagus nerve imbalances. Information on how common by hidden heart defects can cause or exacerbate MCS, EMFS, CFS, MS, Food 'Allergies', as well as Migraine and Stroke. Learn self help energy balancing techniques that can ameliorate the symptoms, and what supplements may be helpful. Discussion on the roles of stress, heat, allergies, the patent foramen ovale, nutritional deficiencies and electromagnetic frequencies.

**\$32.00**

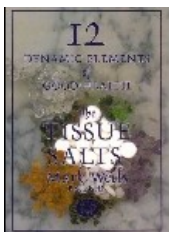


### The Scan Charts Book - new edition

Barry Auchetti Book of scan charts for kinesiologists covering many aspects of life. 10,000 entries - over 40 charts compiled in an easy to access spiral bound manual. Each chart is one page and includes topics such as: Addictions, Affirmations, Bones & Muscles, Colour, Crystals, Dream Analysis, Sexuality, Essences, Fears, Food, Music, Prosperity, Religions, Self Love & More!

\$30.00 Cdn. Retail

**\$30.00**



### The Tissue Salts

by Mark Wells Valuable information practical for kinesiologists. Contains a guide to assist symptomatic prescribing. Clear, readable, set up as a great homeopathic reference.

\$27.00 Cdn. Retail

**\$27.00**



### The Top Ten Stress Releasers

Don't Blow It! Defuse the stress bomb with easy, natural techniques that work. Identify and eliminate the stressors in your life and feel better. Learn how stress impacts your brain and body on a physical level, then use this information to help stop the stress response in its tracks. Measure how you are getting – and feeling – better! Re-educate your reactions to stress – from the inside out.

Price: \$10 Cdn.

**\$10.00**

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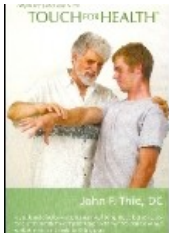


### Touch For Health

by John F. Thie and Matthew Thie A complete revision and colourful improvements to the original natural healing best seller! This compassionate healing approach restores our body's balance using the principles of acupressure, massage, muscle testing, nutrition and much, much more. It is a must for every healing enthusiast's library with hundreds of colour photos, and illustrations. Spiral bound for easy referencing. 357 pages.

\$59.50 Cdn. Retail

**\$59.50**



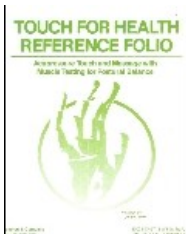
### Touch for Health DVD

by Dr. John Thie, DC

Finally available – a remake of the classic TFH video with Dr. Thie working with students in workshops, plus new material helping to explain the energy model. A great companion to the textbook: Touch for Health – the Complete Edition.

\$36 Cdn Retail.

**\$36.00**

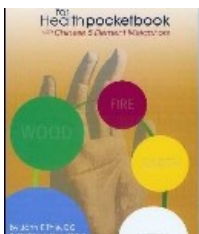


### Touch for Health Pocket Reference Folio

Measures 4.5 x 6.5 inches. Contains the necessary information from the basic TFH classes - all tests, muscles and corrections. For any therapist making house, hospital, or business calls to do balancing this folio is a must. For the lay person getting help from a family member or friend this folio can be most useful in the home where there is not room for charts on the wall. The small format will fit into a clinic jacket, or coat pocket, purse, or your date book. It's perfect for travel and as a resource when you want to be able to travel as light as possible.

\$25.00 Cdn. Retail

**\$25.00**

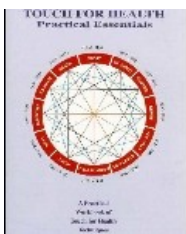


### Touch for Health Pocketbook with Chinese 5 Element Metaphor

By John F. Thie and Matthew Thie Brings a new dimension to TFH balancing. The metaphors bring much greater awareness and accesses subconscious stress. Includes new information from Dr. Thie on Goal Balancing, as well as colour plates of each meridian's muscle tests and switching-on points, and the five elements. 11.5 cm x 16 cm.

\$26.00 Cdn. Retail

**\$26.00**

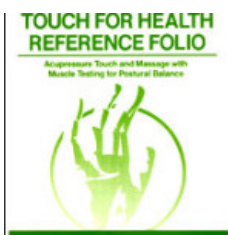


### Touch for Health Practical Essentials

by Toni Gralton A handy and practical workbook containing all the practical information in the Touch for Health classes. Clear diagrams and updated photographs of all muscle tests and corrections as well as brief summaries of all the techniques. In addition, enjoy a few of Dr. Thie's metaphors for each meridian. Very compact booklet at 6 x 8.25"

\$28.00 Cdn. Retail

**\$28.00**



### Touch for Health Reference Pocket Folio: with METAPHORS New Updated Editio

by John Thie \$30

This miniature (4 1/2 x 6 1/2 inches) version of the Touch for Health Folio has exactly the same information PLUS METAPHORS. This convenient format size will fit into a clinic jacket, or coat pocket, purse, or your date book. It's perfect for travel and as a resource when you want to be able to travel as light as possible. With this pocket folio with you, you will be able to ask anyone to balance you showing them the points to touch and massage so that you have your personal bests when traveling or working.



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**\$30.00**

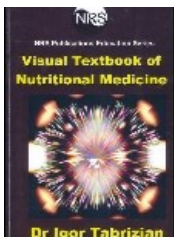


### Verbal Questioning Skills for Kinesiologists

by Jane Thurnell-Read Explores in detail the increasingly used technique of 'verbal questioning' that can accompany muscle testing. A practical book which assists in determining appropriate and not appropriate wording, narrowing down, establishing quantities, duration, and much more.

\$22.00 Cdn. Retail

**\$22.00**

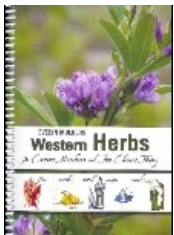


### Visual Textbook of Nutritional Medicine NEW

By Dr. Igor Tabrizian A well illustrated and expertly presented text outlining concept simplification and grouping of related information. Very interesting flow charts of the action of specific substances within the body.

\$100.00 Cdn. Retail

**\$100.00**



### Western Herbs for Eastern Meridians & Five Element Theory

Expanded Colour Version

by Evelyn Mulders The Ultimate Healer - Nature - provides us with herbs - powerful healers of body AND mind. This book is organized by Element/Meridian with totally useful information on the uses of various herbs, the key attitude and emotions related to each herb, it's habitat, cautions for use, parts used, and other information. Perfect companion to the PKP Herbal Meridian Chart.

\$35.00 Cdn. Retail

**\$35.00**



### Wombat and His Mates

by Brendan O'Hara The second of Brendan's CD/book combinations. Fun, happy music and movement exercises focus on giving children an easier and happier start to schooling and life and assist them to develop their physical, mental, emotional, and neurological development. Extra tools to continue the development of early postural reflexes. All of Brendan's music is good for adults to fine-tune their neurological systems too!

\$40 Cdn. Retail

**\$40.00**